**Intermediate**

**Foot Reflexology**

**October 1, 2 & 3, 2022**

3 days - 9:30 am - 4:30 pm

**Three days of instruction plus home study / assignment**

For 20 hours of instruction & supervised practice of techniques

Practicum: 20 hours of Foot Reflexology sessions

**Viva Holistic Healing**

**4016 Yeo Street, Terrace**

Foot Reflexology is a natural therapy that recognizes the interconnection of all things.

The Intermediate level will practice different Foot Reflexology techniques to proficiency, study different reflex maps, and deepen the understanding of the disease processes of the body as related to the reflexes in the feet, and prepare for professional practice.

A **Certificate of Completion** isissued upon successful completion of the Intermediate practicum, which can be used towards meeting the standards of the **Reflexology Association of BC to be recognized as an Approved Reflexology Practitioner.** The course will be taught by Frances Birdsell RCRT, Viva Holistic Healing, who is an Approved Reflexology Teacher under the provincial body- RABC, the Reflexology Association of British Columbia, and also approved by RAC, Reflexology Assoc of Canada.

**Intermediate Foot Reflexology course fees:** **$495.** +GST

**Contact Frances Birdsell, RCRT – Instructor & Therapist**

**Viva Holistic Healing: 250-635-2194** [**viva@citywest.ca**](mailto:viva@citywest.ca) **/** [**www.vivaholistichealing.com**](http://www.vivaholistichealing.com)