



Date: _____

To the Manager of Human Resources:

As a current employee of _____ and a registrant of the Group Benefit Plan administered by _____, I am requesting coverage of Reflexology under the Extended/ Complementary Health Care Plan.

Reflexology is a renowned health care modality throughout the world and is complementary to mainstream medicine. It has been proven effective for relaxation, relieving tension and stress, and in my experience, it is an effective way of maintaining my health.

Approved Practitioners of the Reflexology Association of BC are bound by the Association's By-Laws, Standards of Practice, and Code of Conduct and Ethics and a public complaint process. Approved Practitioners must join a Continuing Education program to receive the distinction of Approved.

I submit that the Reflexology Association of BC's Approved Reflexology Practitioners are qualified service providers and the education and examination process is comparable to the professional standards as set by the Reflexology Association of Canada and, as such, their clients should have the added benefit of being able to claim reflexology treatments through our Group Benefit Plan.

As an employee, I ask that you consider adding this modality.

Yours sincerely,

Employee name

Employee number and/or Job Title