Don’t get left behind!
Celebrate with us!

2019 RABC
Conference and AGM
Harrison Hot Springs May 3 - 5

Highlights

May 3rd - Evening Mixer
Members, the appetizers are on us….
Say hello to old friends and new. Like minded individuals with a passion for Reflexology!

May 4 - Education in the morning and afternoon
Join Dr. Carol Samuel from the United Kingdom for 2 x 3 hour seminars on ‘Pain Management with Reflexology’.
Learn techniques that can be integrated into your current practice!

Dr. Carol Samuel, PhD. FFHT, HMAR
winner FHT Excellence in Research Award 2014
winner AOR ‘FOOTSIE’ Award for Excellence in Research 2017
finalist 2018 Complementary Therapy Awards

May 5 - Morning AGM and Education in the afternoon
In the morning take part in the AGM.
The perfect opportunity to learn more about our Association and to have a voice!

In the afternoon, join Cindy Silverlock of the Metamorphosis Center of Santa Rosa, California.
Learn about Metamorphosis. A technique using reflex points on the feet to address tension that arrived during conception and infused in the spine during gestation.
Booking Information

Harrison Hot Springs is holding 34 Rooms for the RABC 50th AGM. These rooms are being provided at a discounted rate. Please see the description of the rooms and the rates below.

To book your room please call 1-800-663-2266
Press 1 for Room Reservations; Then 1 for Individual Reservations
Please identify RABC 50th AGM, arrival and departure date, room type, form of payment and special needs.

The special rate applies to a two night stay - May 3rd and 4th, 2019. Please note: Room rates below are quoted on a per night basis; however the discount only applies to the two night stay.

The cut off for the discounted room rate is January 31, 2019.

By January 31, 2019 you also need to have paid your AGM attendance fees and renewed your RABC membership.

Please contact Sabine Gelb if you wish to share a room. Sabine will be helping to connect people. Tel: 604-869-3261 Email: sabinereflex@hotmail.com

Types of Guests Rooms and the # of each type on hold for the conference.

<table>
<thead>
<tr>
<th>Type of Guest Rooms</th>
<th>Fri 05/03</th>
<th>Sat 05/04</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cottage with 1 Queen Bed in Bedroom, private parking next to cottage</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>East Tower Deluxe King Lakeview Guest rooms, upgraded for your VIPs (upgraded rate)</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>East Tower, newest building, mostly 2 Queen Beds per Room, all rooms have balconies</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>West Tower, closest to the hot mineral pools, mostly 2 Queen Beds per Room, limited rooms with 1 King Bed per Room, all rooms have balconies</td>
<td>5</td>
<td>5</td>
</tr>
<tr>
<td>West Wing, Standard rooms, mostly 2 Queen Beds per Room, very limited rooms with 1 King Bed, large windows, no balconies</td>
<td>8</td>
<td>8</td>
</tr>
<tr>
<td>Heritage Building Family Rooms consisting: 1 bedroom with 1 Queen bed, second Bedroom with 2 Twin Beds, All sharing same Bathroom, all rooms have ceiling fans, no A/C or balconies</td>
<td>8</td>
<td>8</td>
</tr>
<tr>
<td>Heritage Building, 1 Queen Bed per Room, some rooms have 1 Double Bed plus 1 Single Bed in same room, all rooms have ceiling fans, no A/C or balconies</td>
<td>5</td>
<td>5</td>
</tr>
<tr>
<td>Total Rooms held</td>
<td>34</td>
<td>34</td>
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</tbody>
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Please note our check in and check out times and advise your delegates accordingly
➢ Hotel check in time is after 4:00 pm on the day of arrival.
➢ Hotel check out time is 11:00 am
The resort's 11:00 p.m. quiet time policy will be in effect; any excessive noise after that time may result in the management's request to vacate the guest room or suite immediately. The group will be held responsible for any costs incurred due to other resort guests being disturbed by noise originating in the guest rooms or suites associated with the group after 11:00 p.m. In the event the fire regulation capacities are exceeded at any time, management may request that the suites be vacated immediately.
Nightly room rates are NET, NON-COMMISSIONABLE, quoted in Canadian Funds and are subject to 3% Municipal Room Tax (M.R.T.) 8% Hotel Room Tax and 5% Good and Services Tax (G.S.T.) (Taxes subject to change by government).

Triple occupancy add $20.00. Quad occupancy (Not available in Main Hotel) add $40.00.

Children 16 years or younger utilizing existing bedding are at no additional charge with parents as registered guests. Cots are available at $20.00 each plus G.S.T.

Additional Information
Regular Self-parking is currently $10.00 plus tax per car per night, Valet parking is $18.00 plus tax per car per night for registered guests. Non-registered guests will pay for the hourly parking rate that is in effect. Rates are subject to change.

Free WIFI in Guest rooms (Excluding cottages) and function space. No Resort Fee.

Provincial Smoking Regulations
In accordance with Provincial Law, smoking is not permitted at any locations adjacent to the resort buildings or doorways including guest room balconies and pool areas.
REFLEXOLOGY ASSOCIATION OF BC
AGM REGISTRATION

Scan & Email to: enquiry@reflexologyofbc.com
OR Mail to 683 Kerry Place, North Vancouver, BC, V7N 2Y6

NAME: ___________________________________________________________
RABC MEMBER NO._________________ NON-MEMBER / SPOUSE _______________
ADDRESS: _________________________________________________________
EMAIL: ______________________________ PHONE: _______________________

50th ANNUAL GENERAL MEETING OF THE RABC MAY, 3, 4, & 5, 2019

Please indicate with a check mark ✓ if you will be present for the whole event or only part
- Will Stay two nights at Harrison Hot Springs Hotel: __________ extra nights __________
WEEKEND ROOM RENTAL AT HARRISON HOT SPRINGS - two-night minimum rates start at $179.00 per room
CONTACT SALES@HARRISONRESORT.COM 1-800-663-2266 use discount code RABC 50th AGM 2019
Register early with Harrison to save your spot – ONLY 32 rooms on hold for our event till January 31, 2019
Alternate Accommodations are available in the area if you prefer to book elsewhere. ____________
If you need a roommate to reduce costs, contact Sabine Gelb at 604-869-3261 ___________
Agenda: Registration 5 pm Friday
  Friday 6 – 8 pm meet and greet __________________ RABC member No charge
  ______________________Spouse $25.00 Non-RABC Reflexologist $25.00,
Saturday 9 am to noon – Lecture one ________________ Registration 830 am
  Saturday Noon to 2 pm – Lunch/ free time or vendor fair or mini lectures _________
  Saturday 2pm to 5 pm – Lecture two ______________
Featured Speaker Dr. Carol Samuel, PHD in Reflexology and Pain Management - England, UK
  Saturday Fee includes morning snacks and lunch and lecture: __________ RABC member $100.00
  Spouse $50.00______ Non RABC Reflexologist $125.00_______
Sunday 9 am to noon 50th AGM _______________ No charge Registration 830 am
  Sunday Noon to 2 pm – Lunch/free time or vendor fair or mini lectures _________
  Sunday 2 pm to 5 pm – Lecture three ______________
  Sunday Fee includes morning snacks and lunch and lecture: __________ RABC member $50.00
  Spouse $25.00 ________ Non RABC Reflexologist $75.00 _______
Featured Speaker Cindy Silverlock - Metamorphosis
Any member is welcome to present items for sale or discussion. A free networking table will be available.
RENTAL OF VENDOR FAIR TABLE ________________ $25.00 per table ______________
Total fee due for 50th AGM weekend: __________________________
Please be aware that we are still in the planning stages and our agenda is subject to changes.

Thank you for your contribution to Reflexology and the continuing education of the members of the RABC and public.