



Don't get left behind!

Celebrate with us!

**2019 RABC
Conference and AGM
Harrison Hot Springs May 3 - 5**

Highlights

May 3rd - Evening Mixer

Members, the appetizers are on us....

Say hello to old friends and new. Like minded individuals with a passion for Reflexology !

May 4 - Education in the morning and afternoon

Join Dr. Carol Samuel from the United Kingdom for 2 x 3 hour seminars on 'Pain Management with Reflexology'.
Learn techniques that can be integrated into your current practice!

Dr. Carol Samuel, PhD. FFHT, HMAR
winner FHT Excellence in Research Award 2014
winner AOR 'FOOTSIE' Award for Excellence in Research 2017
finalist 2018 Complementary Therapy Awards

May 5 - Morning AGM and Education in the afternoon

In the morning take part in the AGM.

The perfect opportunity to learn more about our Association and to have a voice!

In the afternoon, join Cindy Silverlock of the Metamorphosis Center of Santa Rosa, California.

Learn about Metamorphosis. A technique using reflex points on the feet to address tension that arrived during conception and infused in the spine during gestation.

Harrison

HOT SPRINGS RESORT

Booking Information

Harrison Hot Springs is holding 34 Rooms for the RABC 50th AGM. These rooms are being provided at a discounted rate. Please see the description of the rooms and the rates below.

To book your room please call 1- 800-663-2266

Press 1 for Room Reservations ; Then 1 for Individual Reservations

Please identify RABC 50th AGM, arrival and departure date, room type, form of payment and special needs.

The special rate applies to a two night stay - May 3rd and 4th, 2019. Please note: Room rates below are quoted on a per night basis; however the discount only applies to the two night stay.

The cut off for the discounted room rate is January 31, 2019.

By January 31, 2019 you also need to have paid your AGM attendance fees and renewed your RABC membership.

Please contact Sabine Gelb if you wish to share a room. Sabine will be helping to connect people. **Tel:** 604-869-3261
Email: sabinereflex@hotmail.com

Types of Guests Rooms and the # of each type on hold for the conference.

Type of Guest Rooms	Fri 05/03	Sat 05/04
Cottage with 1 Queen Bed in Bedroom, private parking next to cottage	2	2
East Tower Deluxe King Lakeview Guest rooms, upgraded for your VIP's (upgraded rate)	2	2
East Tower, newest building, mostly 2 QueenBeds per Room, all rooms have balconies	4	4
West Tower, closest to the hot mineral pools, mostly 2 Queen Beds per Room, limited rooms with 1 King Bed per Room, all rooms have balconies	5	5
West Wing, Standard rooms, mostly 2 Queen Beds per Room, very limited rooms with 1 King Bed, large windows, no balconies	8	8
Heritage Building Family Rooms consisting: 1 bedroom with 1 Queen bed, second Bedroom with 2 Twin Beds. All sharing same Bathroom, all rooms have ceiling fans, no A/C or balconies.	8	8
Heritage Building, 1 Queen Bed per Room, some rooms have 1 Double Bed plus 1 Single Bed in same room, all rooms have ceiling fans, no A/C or balconies	5	5
Total Rooms held	34	34

Please note our check in and check out times and advise your delegates accordingly

➤ Hotel check in time is after 4:00 pm on the day of arrival.

➤ Hotel check out time is 11:00 am

The resort's 11:00 p.m. quiet time policy will be in effect; any excessive noise after that time may result in the management's request to vacate the guest room or suite immediately. The group will be held responsible for any costs incurred due to other resort guests being disturbed by noise originating in the guest rooms or suites associated with the group after 11:00 p.m. In the event the fire regulation capacities are exceeded at any time, management may request that the suites be vacated immediately

Harrison

HOT SPRINGS RESORT

Type of Guest Rooms and the room rate per night

Type of Guest Rooms	Single or Double Occupancy Rate/night
Cottage with 1 Queen Bed in Bedroom, private parking next to cottage	\$189.00
East Tower Deluxe King Lakeview Guest rooms, upgraded for your VIP's (upgraded rate)	\$199.00
East Tower, newest building, mostly 2 Queen Beds per Room, all rooms have balconies	\$199.00
West Tower, closest to the hot mineral pools, mostly 2 Queen Beds per Room, limited rooms with 1 King Bed per Room, all rooms have balconies	\$189.00
West Wing, Standard rooms, mostly 2 Queen Beds per Room, very limited rooms with 1 King Bed, large windows, no balconies	\$169.00
Heritage Building Family Room consisting: 1 bedroom with 1 Queen bed, second Bedroom with 2 Twin Beds all sharing same Bathroom, all rooms have ceiling fans, no A/C or balconies.	\$179.00
Heritage Building, 1 Queen Bed per Room, some rooms have 1 Double Bed plus 1 Single Bed in same room, all rooms have ceiling fans, no A/C or balconies.	\$159.00

Nightly room rates are NET, NON-COMMISSIONABLE, quoted in Canadian Funds and are subject to 3% Municipal Room Tax (M.R.T.) 8% Hotel Room Tax and 5% Good and Services Tax (G.S.T.) (Taxes subject to change by government).

Triple occupancy add \$20.00. Quad occupancy (Not available in Main Hotel) add \$40.00.

Children 16 years or younger utilizing existing bedding are at no additional charge with parents as registered guests. Cots are available at \$20.00 each plus G.S.T.

Additional Information

Regular Self-parking is currently \$10.00 plus tax per car per night, Valet parking is \$18.00 plus tax per car per night for registered guests. Non-registered guests will pay for the hourly parking rate that is in effect. Rates are subject to change.

Free WIFI in Guest rooms (Excluding cottages) and function space. No Resort Fee.

Provincial Smoking Regulations

In accordance with Provincial Law, smoking is not permitted at any locations adjacent to the resort buildings or doorways including guest room balconies and pool areas.



REFLEXOLOGY ASSOCIATION OF BC AGM REGISTRATION

Scan & Email to: enquiry@reflexologyofbc.com

OR Mail to 683 Kerry Place, North Vancouver, BC, V7N 2Y6

NAME: _____

RABC MEMBER NO. _____ NON-MEMBER / SPOUSE _____

ADDRESS: _____

EMAIL: _____ PHONE: _____

50th ANNUAL GENERAL MEETING OF THE RABC MAY, 3, 4, & 5, 2019

Please indicate with a check mark if you will be present for the whole event or only part

- Will Stay two nights at Harrison Hot Springs Hotel: _____ extra nights _____

WEEKEND ROOM RENTAL AT HARRISON HOT SPRINGS - two-night minimum rates start at \$179.00 per room

CONTACT SALES@HARRISONRESORT.COM 1-800-663-2266 use discount code RABC 50th AGM 2019

Register early with Harrison to save your spot – ONLY 32 rooms on hold for our event till January 31, 2019

Alternate Accommodations are available in the area if you prefer to book elsewhere. _____

If you need a roommate to reduce costs, contact Sabine Gelb at 604-869-3261 _____

Agenda: Registration 5 pm Friday

Friday 6 – 8 pm meet and greet _____ RABC member No charge
 _____ Spouse \$25.00 Non-RABC Reflexologist \$25.00,

Saturday 9 am to noon – Lecture one _____ Registration 830 am

Saturday Noon to 2 pm –Lunch/ free time or vendor fair or mini lectures _____

Saturday 2pm to 5 pm – Lecture two _____

Featured Speaker Dr. Carol Samuel, PHD in Reflexology and Pain Management - England, UK

Saturday Fee includes morning snacks and lunch and lecture: _____ RABC member \$100.00
 Spouse \$50.00 _____ Non RABC Reflexologist \$125.00 _____

Sunday 9 am to noon 50th AGM _____ No charge Registration 830 am

Sunday Noon to 2 pm – Lunch/free time or vendor fair or mini lectures _____

Sunday 2 pm to 5 pm – Lecture three _____

Sunday Fee includes morning snacks and lunch and lecture: _____ RABC member \$50.00
 Spouse \$25.00 _____ Non RABC Reflexologist \$75.00 _____

Featured Speaker Cindy Silverlock - Metamorphosis

Any member is welcome to present items for sale or discussion. A free networking table will be available.

RENTAL OF VENDOR FAIR TABLE _____ \$25.00 per table _____

Total fee due for 50th AGM weekend: _____

Please be aware that we are still in the planning stages and our agenda is subject to changes.

Office Use: PAYMENT RECEIVED VIA E-TRANSFER _____ CHEQUE _____

RECEIPT # _____ DATE RECEIVED _____

Thank you for your contribution to Reflexology and the continuing education of the members of the RABC and public.